

Week one

Week two

Week three

£2.30

Jacket Potatoes are available every day with a choice of fillings.

If you don't fancy dessert, you can always enjoy fresh fruit or yoghurt.

24/04 15/05 05/06 26/06 17/07 18/09 09/10

Monday
 Chicken Korma & Rice in a Creamy Sauce served with Rainbow Vegetables
 Beany Pasta **Y**
 Wholegrain Pasta in a Tomato Sauce with Rainbow Vegetables

Smooth Fruit Yoghurt with Fruit Slices
 Fruit Salad

Cheese & Tomato Pizza **Y** with Garden Peas or Salad
 Veggie Balls & Pasta **Y** in a Tomato Sauce with Garden Peas or Salad

Fruity Flapjack
 Fruit Salad
 Yoghurt

01/05 22/05 12/06 03/07 24/07 04/09 25/09 16/10

Tuesday
 Sausages in Gravy with Mashed Potato & Garden Peas
 Veggie Shepherds Pie **Y**
 Veggie Mince with a Potato Topping & Garden Peas

Fruit Slice & Custard
 Fruit Salad
 Yoghurt

Beef Burger in a Bun with Diced Potatoes, Salad & Coleslaw or Sweetcorn

Smooth Fruit Yoghurt with Fruit Slices
 Fruit Salad

Wednesday
 Farm Assured British Roast Beef in Gravy with Roast Potatoes & Seasonal Vegetable Medley
 Quorn Fillet **Y**
 with Roast Potatoes & Seasonal Vegetable Medley

Smooth Fruit Yoghurt with Fruit Slices
 Fruit Salad

Farm Assured British Sliced Turkey in Gravy with Roast Potatoes & Carrot Batons
 Quorn Sausage in Gravy **Y**
 with Roast Potatoes & Carrot Batons

Raspberry Sponge & Custard
 Fruit Salad
 Yoghurt

Thursday
 Cheese & Tomato Pasta **Y**
 Penne Pasta in a Cheesy Tomato Sauce & Sweetcorn
 Chicken Fajita
 Tortilla Wrap with Chicken & Peppers, served with Salad or Sweetcorn

Oat Cookie
 Fruit Salad
 Yoghurt

Mild Chicken Tikka Masala with Rice & Rainbow Vegetables
 Vegetable Cheesy Pasta **Y**
 with Salad or Rainbow Vegetables

Smooth Fruit Yoghurt with Fruit Slices
 Fruit Salad

Friday
 Fish & Chips
 Battered Fish with Chips & Baked Beans or Salad
 Free Range Omelette **Y**
 with Chips & Baked Beans or Salad

Smooth Fruit Yoghurt with Fruit Slices
 Fruit Salad

Fish & Chips
 Battered Fish with Chips & Baked Beans or Salad

Cranberry Shortbread Slice
 Fruit Salad
 Yoghurt

08/05 19/06 10/07 11/09 25/09 23/10
 Macaroni Cheese **Y**
 Pasta in Creamy Cheese Sauce with Peas & Sweetcorn
 Salmon Risotto
 Diced Salmon in a White Sauce with Risotto Rice, Peas & Sweetcorn

Beef Lasagne
 Layers of Meat & Vegetables, White Sauce & Free Range Egg Lasagne Sheets with Carrot Batons
 Veggie Hotpot **Y**
 with Diced Potatoes & Carrot Batons

Apricot Shortbread
 Fruit Salad
 Yoghurt

Smooth Fruit Yoghurt with Fruit Slices
 Fruit Salad

Farm Assured British Chicken Breast in Gravy with Roast Potatoes & Spring Vegetable Medley

Sausage & Tomato Pasta
 Pasta & Sliced Sausages in a Tomato Sauce & Rainbow Vegetables
 Butternut Squash & Chickpea Curry **Y**
 with Wholegrain Rice & Rainbow Vegetables

Marble Sponge & Custard
 Fruit Salad
 Yoghurt

Smooth Fruit Yoghurt with Fruit Slices
 Fruit Salad

Fish & Chips
 Battered Fish with Chips & Baked Beans or Salad



There is a vegetarian choice every day... and don't forget that salad is available daily.



Keep yourself topped up with water - it will help you concentrate all day long.

Chilled water, milk, salad and bread are available daily. All paid meals to be ordered one full week in advance of the entire week they are required, either online by midnight Sunday or via telephone by 3pm Friday. Terms and Conditions apply. Please see our website or contact us for more information. Menu is subject to availability.

